

Nutrition Facts

about 3.5 servings per container

Serving size 1/3 cup (40g)

Amount Per Serving

Calories **100**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 32g **12%**

Dietary Fiber 13g **46%**

Total Sugars 14g

Includes 13g Added Sugars **26%**

Protein 0g **0%**

Vitamin D 0mcg **0%**

Calcium 10mg **0%**

Iron 0mg **0%**

Potassium 20mg **0%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.